

### Access Support Network — Monterey County

(831) 975-5016 | [asn.org](http://asn.org) | 223 John Street, Salinas

■ Syringe exchange, 1 for 1 exchange, no starter packs

Corner of Lake and Bridge Streets, Salinas,

Mondays, 2–4 p.m., Fridays, 2–4:30 p.m.

633 Camino El Estero (duck pond parking lot), Monterey,

Wednesdays, 10:30 a.m.–12:30 p.m.

■ Help for HIV and Hep C linkage to care, benefits, and health education

### Alcoholics Anonymous programs

[aamonterey.org](http://aamonterey.org)

■ Monterey | (831) 373-3713

■ Salinas | (831) 424-9874

■ Al-Anon/Al-Ateen

English (831) 373-2532 | Spanish (831) 424-6207

### The Bridge Restoration Ministry

(831) 372-2033

The Bridge serves men and women (in separate houses,) through a year-long Christian faith-based residential treatment program. It is a working program. Participants must be able and willing to do physical work at one of the work sites for the first 10 months of the program. Apply online at [tbrm.org](http://tbrm.org) or call the number above to have an application mailed to you.

### Interim Inc.

(831) 649-4522 | [interiminc.org](http://interiminc.org)

■ MCHOME program provides outreach, housing and intensive, integrated services to homeless adults with psychiatric disabilities. (831) 883-3030.

■ Bridge House is a 14-bed transitional residential treatment program designed to meet the needs of adults in recovery from both a mental illness and a substance use disorder. If interested please contact your case coordinator or clinician. Monterey County Behavioral Health referral is required for eligibility

■ Manzanita Crisis Residential programs offer short-term crisis residential treatment. The residential program model is community-based alternative to inpatient psychiatric care for people experiencing a mental health crisis. The maximum stay is 30 days. Interim has 28 beds at two facilities, one in Salinas and one in Monterey. The program provides recovery in a structured, non-institutional, home-like environment. Monterey County Behavioral Health referral is required for eligibility

■ Dual Recovery Services (DRS) and Outreach and Aftercare Services offer community-based support services for individuals with co-occurring mental health and substance use disorders who are in recovery. Group and individual counseling, peer support and social, educational and recreational activities are designed to help people attain and maintain a clean and sober lifestyle. Monterey County Behavioral Health referral is required for eligibility.  
(831) 676-3715

### Community Hospital of the Monterey Peninsula Recovery Center

(831) 373-0924 | 576 Hartnell Street, Monterey

Free screening for substance use disorder treatment is available by appointment. Outpatient program provides adults with structured treatment, Monday through Friday evenings. Private insurance is accepted but does not accept Medi-Cal. Financial assistance may be available through sponsored care program for qualifying participants.

### Community Human Services Outpatient program

[chservices.org](http://chservices.org)

Outpatient offered on Mondays, Wednesdays, and Fridays, 10–11:30 a.m.

Intensive outpatient offered Monday, Tuesday, Thursday, 6–9 p.m.

Medi-Cal is accepted and private pay

■ 2511 Garden Road, Suite A165, Monterey | (831) 383-7800

■ 1087 S. Main St, Salinas | (831) 237-7222

### Door to Hope programs

(831) 758-0181 | 130 W Gabilan Street., Salinas

Women's Residential Treatment for adult women utilizing strength and evidence-based practices. Outpatient and Intensive Outpatient Treatment for adult men and women; day and evening programs offered Monday–Friday. Medication assisted treatment (MAT) supervised by doctors for youth and adults. Integrated Co-occurring treatment (ICT) for youth ages 12-24 years. MCSTART specialized early intervention treatment for children ages 0-11 years prenatally exposed to alcohol/drugs and/or trauma, offering mental health treatment, dyadic therapy, parent support and education, and occupational therapy. Screening, assessment, counseling, individual, group, and family therapy, case management, and recovery services. Medi-Cal, most insurance, and private pay accepted. Bi-lingual services provided.

### Elm House and Sonoma House — Community Human Services

(831) 899-2436 | [chservices.org](http://chservices.org)

Transitional Sober Living Environments for men and women in recovery from SUD. Length of stay is 18 months–24 months. Services include case management, relapse prevention, and information and referrals to community services. Cost is \$600-\$900 per month.

### Genesis House — Community Human Services

(831) 899-2436 | [chservices.org](http://chservices.org) | 1152 Sonoma Ave, Seaside

Residential substance use treatment program for adults 18 years of age and older. Co-ed program offers 36 beds for a 1–3 month stay, depending on meeting Medi-Cal criteria stay. Comprehensive assessment, case management, and individualized treatment planning. Medi-Cal is accepted and private pay

### Monterey County Behavioral Health

(888) 258-6029 (general info, phone assessment or scheduling or clients can call/access the individual clinics directly)

Mental Health and Substance Use Disorder Services: Information and education, screening and assessment, Individual, group and family counseling, residential treatment referrals, medication evaluation and treatment, social and life skills groups, family support groups, referral and connections to community resources, case management and service coordination

■ Salinas | (831) 796-1400

1441 Constitution Boulevard, Building 400, Suite 202, Salinas

Walk-in hours: Monday–Friday, 10 a.m.–2 p.m.

■ Marina | (831) 647-7652

299 Twelfth Street, Marina, Ca 93933

Walk-in hours: Monday–Friday, 10 a.m.–2 p.m.

■ Soledad | (831) 796-8740

359 Gabilan Drive, Soledad

Walk-in hours: Monday–Friday, 10 a.m.–2 p.m.

■ King City | (831) 386-6868

200 Broadway Street, Suite 70, King City

Walk-in hours: Monday–Friday, 10 a.m.–2 p.m.

## Narcotics Anonymous

Monterey (831) 624-2055 | Salinas (831) 758-1630

## Nar-Anon Family Group

naranoncentralca.org | outreach@naranoncentralca.org

A worldwide fellowship for those affected by someone else's addiction. A twelve step program offering help by sharing experience, strength and hope. No dues or fees. The only requirement for membership is a problem of addiction in a relative or friend.

## Off Main Clinic — Community Human Services

(831) 424-4828 | chservices.org | 1083 S. Main Street, Salinas

Monday–Friday, 6 a.m. to 3 p.m.

Intake and assessment, physical examination, counseling services and methadone and Suboxone maintenance under supervision of a physician. Medi-Cal is accepted and private pay.

## Salvation Army — Salinas Corps Combat Addiction Program

(831) 443-9655 | salinas.salvationarmy.org/salinas\_corps/combat-addiction

## Substance Use Response Team (SURT)

Monterey (831) 837-7251 | surt4@asn.org

San Benito (831) 313-0779

## Sun Street Centers

sunstreetcenters.org

Drug and alcohol education, prevention, treatment, and recovery to individuals and families regardless of income level.

### Outpatient Services for Adults

11 Peach Drive, Salinas | (831) 753-6001 | Monday–Friday, 9 a.m.–7 p.m.

### Outpatient Services for Teens or Adults

1760 Fremont Boulevard, Suite E1, Seaside

(831) 393-9316 | Monday-Friday, 9 a.m.–7 p.m.

### Residential Services for Men

8 Sun Street, Salinas | (831) 753-5145 | Monday–Friday, 8 a.m.–5 p.m.

### Residential Services for Women and Men and

Outpatient Services for adults

637 Broadway, King City | 8 a.m.–5 p.m.

Residential (831) 525-8181 | Outpatient (831) 525-8101

## Teen Challenge Monterey Bay

(831) 722-2074 | teenchallengemb.org

## Young People in Recovery

(720) 600-4977 | youngpeopleinrecovery.org

No cost recovery support services focused on peer-to-peer services for people in, or seeking recovery and their families and friends. Open to all ages and all stages and pathways of recovery.

## Valley Health Associates

(831) 424-6655 | 427 Pajaro Street, Suite 4, 5, and 6, Salinas

Services include Medication Assisted Treatment (MAT), Adult Outpatient Treatment Program, and Youth and Transitional Age Youth Outpatient Treatment Program (12-24 years – includes family services and recovery services).

(831) 424-9717 MAT Referral Fax

(831) 424-9807 Youth Outpatient Referral Fax

## Victory Outreach Salinas

264 San Juan Grade Road, Salinas | (831) 753-9443 | vosalinas.org

Further information available at  
[211montereycounty.org](http://211montereycounty.org)

## Hospital substance use navigators (SUN)

### Community Hospital of the Monterey Peninsula

23625 Holman Highway, Monterey

Araceli (831) 884-6738 | Austin (831) 915-2544 | (831) 622-2713

Montage Health SUN (831) 622-2713 | suns@montagehealth.org

### Dominican Hospital (Santa Cruz) | 1555 Soquel Drive, Santa Cruz

Nash (831) 400-6191

### Hazel Hawkins Memorial Hospital | 911 Sunset Drive, Hollister

Stephanie (831) 320-3082

### Mee Memorial Hospital | 300 Canal St, King City

Annette (831) 385-7133 | Juan (408) 834-8237

### Natividad Hospital | 1441 Constitution Blvd, Salinas

Sylvia (831) 444-1663

### Salinas Valley Health | 450 E. Romie Lane, Salinas

Guillermo/Lauren (831) 208-6271

### Watsonville Community Hospital | 75 Nielson Street, Watsonville

Ashlee (831) 247-6955

## 24/7 Hotlines Monterey County

### Alcoholics Anonymous

Monterey Bay | (831) 373-3713

Salinas Valley | (831) 424-9874

### Al-Anon

Monterey/English | (831) 373-2532

Salinas/Spanish | (831) 424-6207

### Teen Crisis Text Line

Text "HOME" to 741741 | crisistextline.org

Free emotional support and information to teens in any type of crisis, including feeling suicidal.

### Monterey County Behavioral Health

Mental Health & Substance

Use Services Hotline | (888) 258-6029

Suicide Prevention Hotline | (866) 615-1060

### Nar-Anon

Monterey | (831) 624-2055

Salinas | (831) 758-1630

### National Suicide Prevention Lifeline

(877) 273-8255

### Never Use Alone

neverusealone.com

(800) 484-3731 or (931) 304-9452

### The Parenting Connection

Maternal Mental Health Warmline

(831) 783-5933\* Not 24/7

### Rape Crisis Hotline

Monterey | (831) 375-4357

Salinas | (831) 424-4357

### Safe Place

Runaway and homeless youth

(831) 241-0914

### Suicide prevention app

notokapp.com

### YWCA

(831) 757-1001 | (831) 372-6300